

GOVERNANCE PACK - VASER LIPOSUCTION (LOCAL ANAESTHETIC)

PATIENT INFORMATION - VASER LIPOSUCTION

Cosmetic Surgery of the Royal Liver Building

WHAT IS VASER LIPOSUCTION?

A form of liposuction that uses ultrasound energy to break down fat cells before removal with suction.

WHY HAVE IT DONE?

- To remove stubborn fat deposits.
- To improve body contour when diet and exercise are insufficient.

ALTERNATIVES

- Lifestyle change.
- Non-surgical fat reduction.
- Surgical excision.

BENEFITS

- Targeted fat removal.
- Less invasive than traditional liposuction.
- Day-case under local anaesthetic.

RISKS

- Bleeding, bruising, swelling.
- Seroma (fluid collection).
- Infection.
- Burns or skin injury.
- Scars at small incision points.
- Numbness or altered sensation.
- Contour irregularity.
- Prolonged swelling.
- Recurrence of fat deposits.
- Hypothermia if temperature not maintained.
- Rare LA toxicity.
- Rare VTE.
- Rare organ injury.
- Unsatisfactory result.

RECOVERY

- Discharge after 90-minute monitoring.
- Compression garments worn 4-6 weeks.
- Swelling and bruising common for 2-4 weeks.
- Light activity after 3-5 days, strenuous after 4-6 weeks.

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RED FLAGS - CALL IMMEDIATELY

- Severe pain not controlled.
- Dressing soaked with blood.
- Pus, spreading redness, fever.
- Breathlessness or chest pain.
- Swollen painful leg.
- Sudden dizziness, palpitations, or seizures.

CONTACT

Emergency line: 0151 203 0020

If unable to reach us, attend A&E.