

PATIENT INFORMATION SHEET: BROWPEXY

A subtle surgical brow lift performed under local anaesthetic

WHAT IS A BROWPEXY?

A browpexy is a minor surgical procedure that gently lifts and secures the outer or central brow, usually through a small hidden incision just above the upper eyelid crease. It is typically performed under local anaesthetic as a day case, often in combination with upper blepharoplasty to enhance upper facial harmony.

This procedure is designed to correct brow ptosis (drooping), which can create a tired or heavy appearance above the eyes, and in some cases impair vision.

HOW IS IT PERFORMED?

- A small incision is made in the natural upper eyelid crease (often shared with an upper blepharoplasty incision if performed together)
- The underlying brow tissue is gently secured to the deeper tissue or bone (periosteum) using sutures
- The incision is closed with fine stitches and heals discreetly within the eyelid fold
- The procedure takes approximately 30–45 minutes per side, depending on anatomy

BENEFITS OF BROWPEXY

- Lifts the position of a low or drooping brow
- Can improve field of vision in patients with visual obstruction
- Enhances overall eyelid aesthetics
- Subtle and natural-looking result – avoids the over-elevated look of aggressive brow lifts
- Minimally invasive with short recovery time
- Performed under local anaesthetic – no need for general anaesthesia

LIMITATIONS

- Browpexy is a subtle repositioning, not a full forehead or brow lift
- It may not address significant forehead heaviness or frown lines
- Final results can take several months to settle as swelling resolves
- Asymmetry may persist or be only partially corrected, especially if present before surgery
- Longevity varies depending on age, anatomy, and facial movement

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WHAT TO EXPECT AFTER SURGERY

- Mild swelling and bruising around the upper eyelids and brow area are normal and usually settle within 7-10 days
- A sensation of tightness or heaviness may persist for 1-2 weeks
- Sutures are often removed at 5-7 days, or may be dissolvable
- Most patients return to light activities within 3-5 days

AFTERCARE ADVICE

- Use prescribed antibiotic ointment if provided
- Sleep with your head elevated for the first 5-7 nights
- Avoid:
 - Eye rubbing, pulling or stretching the brows
 - Makeup or skincare on the area for at least 7-10 days
 - Strenuous activity or exercise for 2-3 weeks
 - Apply cold compresses for the first 48 hours (10 minutes on/off)
 - Clean the area with sterile water or saline as advised
 - Use SPF 50 on the incision line once healed

RISKS AND COMPLICATIONS

As with all surgical procedures, there are risks. These include:

- Bruising, swelling, and mild discomfort
- Temporary numbness or tightness
- Infection or delayed wound healing
- Visible or thickened scar (rare)
- Asymmetry or under-correction
- Temporary skin puckering (usually resolves)
- Rare: injury to nerves or persistent brow tightness



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WHEN TO CONTACT US

Call the clinic immediately if you experience:

- Excessive swelling or pain
- Redness, heat, or pus from the incision
- Fever or feeling unwell
- Bleeding from the wound
- Sudden visual changes

CONTACT DETAILS

Clinic Phone: 0151 203 0020

Clinic: Cosmetic Surgery of the Royal Liver Building, Liverpool